

Workers' comp: No more headaches



New and young employees need extra awareness of working safely

A disproportionate number of workplace injuries occur to employees who have been on the job less than six months and those under the age of 25.

To decrease injuries, employers should ...

- Train well.
- Teach how to recognize hazards.
- Give the employee the authority to stop work if he or she feels unsafe.
- Set safety expectations.
- Emphasize you care about safety. That means doing all sorts of little things right to improve risk awareness, build trust and reinforce safe behaviors.

Let us take the headaches out of your workers' compensation claims.

When an employee gets injured on the job, Physicians Quality Care OCCMed is ready to steer you through the entire workers' compensation process – from treating the injured employee and determining causation to keeping you informed and providing the documentation you need.

That's why it's important to have Physicians Quality Care OCCMed on your workers' comp provider panel.

Our clinics are conveniently open from 7 a.m. to 7 p.m. every day of the week to see non-emergency, work-related injuries.

Telehealth Appointments

For some injuries and follow-ups, we also offer telemedicine appointments. Telehealth can streamline the delivery of patient care, expedite claims and help employees get back to work more quickly. Here's how ...

- Telehealth provides faster access to care. Injured workers can receive prompt evaluations, sometimes right from the job site.
- Telehealth is particularly effective for man-

aging minor injuries, such as sprains and strains, bruises, rashes and minor burns.

- Your employee does not spend time traveling to and from his medical provider.

- Telehealth keeps medical costs lower, especially if employees are able to return to work faster.

- Bottomline: Telehealth saves money and

time, two important commodities.

A Streamlined Process

Our doctors and nurses understand the often-confusing OSHA medical regulations and know the impact recordables can have on your bottom line. We know what questions to ask to determine what caused the injury and how we can help the employee return to work.

At Physicians Quality Care OCCMed, a workers' comp specialist works with your human services department throughout the process: Explaining the injury; setting up medical appointments, tests or referrals; and providing any documents you need for authorizing treatment and meeting OSHA regulations.

In other words, we take the headache out of workers' comp claims.

Questions about our workers' comp services? Contact OCCMed Director Jennifer Hill at 731-984-8400 or jennifer@physiciansqualitycare.com.

Physicians Quality Care OCCMed

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OCCMed Office: 2075 Pleasant Plains Ext., Jackson, TN 38305

Office Hours: 9am–5pm weekdays

On-site Services: 24/7 by arrangement

Clinic Hours: 7am–7pm Mon–Sun (Patients use urgent care clinic after OccMed closes.)

We speak OSHA! To help you comply with OSHA, we offer ...

- On-site CAOHC-certified audiometry
- DOT, non-DOT & hair follicle drug screening
- Breath- & blood-alcohol testing
- Health fairs
- Strength & agility testing
- NIOSH-approved pulmonary function testing
- DOT, wellness & preemployment physicals
- Respirator-fit testing & respirator medical evaluations
- Heavy-metal testing
- Industrial hygiene: noise sampling, air sampling, dust sampling, etc.
- Nerve conduction studies
- X-rays and EKGs