

Violence in the workplace

Violence in the workplace continues to be among the top causes of death for employees.

It can strike anywhere, though workers most at risk are those who exchange money with the public; deliver passengers, goods or services; work alone or in small groups during late night or early morning hours; or work in settings where they have extensive contact with the public.

Employers are encouraged to take steps to protect vulnerable employees ...



include information on how to de-escalate volatile situations and how workers can protect themselves if de-escalation fails.

■ Secure the workplace. Where appropriate to the business, install video surveillance, extra lighting, and alarm systems and minimize

■ Establish a site-specific workplace violence prevention program.

■ Provide safety training for employees so they know what to do if they witness or are subjected to workplace violence. Training should

access by outsiders through identification badges, electronic keys, and guards.

■ Provide drop safes to limit the amount of cash on hand. Keep a minimal amount of cash in registers during evenings and late-night hours.

■ Tell employees not to enter any location where they feel unsafe.

Source: OSHA

We speak OSHA!

From workplace safety training to drug and alcohol testing, we have the expertise to help you meet OSHA requirements. Learn more by contacting OCCMed Director Jennifer Carmack at jennifer@physiciansqualitycare.com or 731-984-8400.

We offer ...

- On-site CAOHC-certified audiometry
- DOT, non-DOT & hair follicle drug screening
- Breath- & blood-alcohol testing
- Health fairs
- Strength & agility testing
- NIOSH-approved pulmonary function testing
- DOT, wellness & preemployment physicals
- Respirator-fit testing & respirator medical evaluations
- Heavy-metal testing
- Industrial hygiene: noise sampling, air sampling, dust sampling, etc.
- Nerve conduction studies
- X-rays and EKGs

Build a safety culture in your workplace

A new white paper, "The Heart of Workplace Safety: Fostering Emotional Engagement for Lasting Impact," draws from an exploratory study conducted by the National Safety Council.

To build a culture that "transforms safety from a compliance-based requirement into a shared, intrinsic organizational value," the researchers encourage employers to implement these four strategies:

■ Use leadership as a catalyst for internalized safety values: Leaders play a key role in shaping workers' perspective that safety goes

beyond compliance and is a deeply held organizational value.

■ Promote an open dialogue that enables workers to report hazards, share concerns and provide feedback without the fear of blame or reprisal.

■ Connect safety to real-life experiences with storytelling.

■ Measure effectiveness beyond traditional metrics. Use qualitative measures that assess employee engagement and perceptions of safety.

Source: Safety + Health



Employee flu shots

Now that flu season is here, don't forget to schedule those employee flu shots. Physicians Quality Care OCCMed will administer the flu shots at your work site on your schedule.

The benefits of giving flu shots at your workplace are many.

- Employees are less likely to get the flu.
- You'll have fewer absences from work because of illness.
- Employees don't have to take time off from work to get a flu shot elsewhere.
- It boosts morale when employees know their workplace values their health.

Schedule your employee flu shots by contacting OCCMed Director Jennifer Carmack at 731-984-8400 or jennifer@physiciansqualitycare.com.

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On-site Services:

Available 24/7 by arrangement

Clinic Hours:

7am–7pm Mon–Sun
(Patients use urgent care clinic after OccMed closes.)