

Your Healthy Workplace

NOVEMBER 21, 2025

Are employee health care costs hurting your bottom line?



Let's get started!

Contact OCCMed Director Jennifer at

jennifer@physiciansqualitycare.com

or 731-984-8400.

e have a solution for self-insured employers: A workplace medical clinic.

Physicians Quality Care OCCMed will create, stock and staff an employee health clinic at your worksite — and help you save money on healthcare costs.

How will you save money? Let us count the ways ...

1 Healthcare is down the hall. Employees are more likely to seek medical care when it

is easy to access. Healthy employees are more productive and take less time off from work.

- 2 Minor accidents are treated immediately.
- 3 Employees will be more likely to seek preventive medical care. Conditions like heart disease, diabetes and hypertension are caught earlier when they are relatively inexpensive to deal with in the early stages. Left untreated, these conditions often lead to serious complications and expensive medications, surgeries and procedures.

Your employees will miss less work. A visit to the doctor for a chronic health condition like diabetes or an acute condition like a cold takes 15 minutes rather than half a day when healthcare is off-site.

5 You will own all in-house lab tests, vaccines and non-reusable supplies at wholesale prices. Again, this decreases your costs.

6 Tests that require a reference lab are done at wholesale cost, saving an average of 75 percent over the same test done in a doctor's

office.

Pre-employment physicals? You'll have the results before you know it.

You determine how much space to give to your on-site clinic and how

many hours the clinic is staffed. We will bill you for the number of hours the clinic is open, not the number of employees seen in the clinic.

A local company, Teknor Apex, speaks from a 15-year experience of having an OCCMed on-site clinic: "We've seen a clear reduction in absenteeism, quicker return-to-work times, and improved management of both acute and chronic health issues. Employees appreciate the ease and peace of mind that comes from knowing they have professional medical support just steps away."

Finally, some experts weigh in: A Johns Hopkins University study found that on-site clinics are two-to-three times more cost-effective than off-site healthcare services for self-insured companies.

We speak OSHA!

rom workplace safety training to drug and alcohol testing, we have the expertise to help you meet OSHA requirements. Learn more by contacting us at 731-984-8400 or jennifer@ physiciansqualitycare.com.

We offer ...

- On-site CAOHC-certified audiometry
- DOT, non-DOT & hair follicle drug screening
- Breath- & blood-alcohol testing
- Health fairs
- Strength & agility testing
- NIOSH-approved pulmonary function testing
- DOT, wellness & preemployment physicals
- Respirator-fit testing & respirator medical evaluations
- Heavy-metal testing
- Industrial hygiene: noise sampling, air sampling, dust sampling, etc.
- Nerve conduction studies
- X-rays and EKGs

Happy Thanksgiving!

We will be closed Thanksgiving
Day to enjoy time with our
families and pumpkin pie.

Physicians Quality - Care OCCMed

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OCCMed Office:

731.984.8400 2075 Pleasant Plains Ext. Jackson, TN 38305

Office Hours:

9am-5pm weekdays

On-site Services:

Available 24/7 by arrangement

Clinic Hours:

7am-7pm Mon-Sun (Patients use urgent care clinic after OccMed closes.)