

Your Healthy Workplace

DECEMBER 22, 2025



A Christmas tale for the self-insured*

*and others who want to believe



... and all through the place Employees were working at such a fast pace.

Christmas goods were piled high with care, In hopes we would finish — no time to spare.

Office folks were snug with their spreads, While visions of profits danced in their heads.

The boss in her 'kerchief, and I in my cap Were mighty close to a year-end wrap.

When out in the plant, there arose such a clatter:

I sprang from my desk to seek out the matter.

Away to the plant floor, I flew like a flash, Tore open the door and made a big dash.

Employees were coughing, looking quite sick, When I knew what I needed was more than St. Nick

Lucky for us, we were more than prepared For down the hall was Physicians Quality Care.

OCCMed Jackson ran an on-site clinic We knew we had no reason to panic.

Created, stocked and staffed by PQC, Our workplace clinic was the best it could be.

Docs were on hand for chronic diseases, Acute care, shots, checkups, small injuries.

Our health care costs were kept in check, While employees knew they had our respect.

One by one, that day, employes were treated, Given medicine, lab work, just what they needed We lost little work time, got back on track I knew my employees could finish their task.

To the OCCMed Staff, what can we say. We are so grateful you came our way.

We appreciate Jennifer and her staff most surely.

On Andrea! On, Nathan! On Necy and Ashley!!

Like the moon on the breast of a new-fallen snow

We knew it was time for OCCMed to go.

I heard them exclaim, 'ere they drove out of sight —

"Happy Christmas to all and to all a healthy night!"

OCCMed Jackson will close at 3 p.m. Christmas Eve and close Christmas Day and New Years Day!

Physicians Quality Care OCCMed-

occmedjackson.com

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OCCMed Office: 2075 Pleasant Plains Ext., Jackson, TN 38305

Office Hours: 9am–5pm weekdays
On-site Services: 24/7 by arrangement

Clinic Hours: 7am-7pm Mon-Sun

(Patients use urgent care clinic after OccMed closes.)

We speak OSHA! To help you comply with OSHA, we offer ...

- On-site CAOHCcertified audiometry
- DOT, non-DOT & hair follicle drug screening
- Breath- & bloodalcohol testing
- Health fairs
- Strength & agility testing
- NIOSH-approved pulmonary function testing
- DOT, wellness & preemployment physicals
- Respirator-fit testing & respirator medical evaluations
- Heavy-metal testing
- Industrial hygiene: noise sampling, air sampling, dust sampling, etc.
- Nerve conduction studies
- X-rays and EKGs