



Your Healthy Workplace

December 2023

We're 'hear' to help protect employee hearing

If you no longer hear the bells on Santa's sleigh or his approach across your roof, it may not be an issue of whether you believe in the old man. You may just have hearing loss.

Loss of hearing, in fact, is the third most common chronic physical health condition among adults, after high blood pressure and arthritis, reports the U.S. Centers for Disease Control and Prevention.

Among those with hearing difficulty, occupational exposures are the cause for one in four people. About 22 million workers are exposed to hazardous noise on the job each year.

As an employer, you are required to assess your employees' hearing annually and educate them in hearing conservation. Our team of CAOHC-certified hearing conservationists can help you safeguard your employees' hearing and comply with all regulations.

We also can help you identify places at your worksite that have dan-

gerous noise levels so you can safeguard employees with proper hearing protection.

Our audio bus

OCCMed Jackson's state-of-the-art audiometry bus can roll into your

parking lot to take care of your OSHA-required hearing conservation training and test 10 people at a time every 20 minutes.

Why choose us?

- We are happy to schedule any shifts you need tested, any time of day. We do the hearing tests when it is most convenient for you.
- CAOHC-certified Occupational Hearing Conservationists, supervised by a medical doctor, conduct all hearing tests.
- Our computer-controlled audiometer exceeds all ANSI S3.6-1989 requirements.
- Test instructions can be given in 11 different languages.
- We provide the required employee notification letters at no additional charge, relieving you of that regulatory burden.
- Because we are local, repeat testing for those with a presumptive STS can be done in our office at the employee's convenience.
- Upon completion of all testing, the data is reviewed, adjusted for age (as required), compared against baseline and finalized. Reports are returned to your designated representative, usually within 72 hours.



Schedule our audio unit

Contact OCCMed Director Jennifer Carmack at 731-784-8400
jennifer@occmedjackson.com.

Physicians Quality Care OCCMed

2075 Pleasant Plains Ext. • Jackson, TN 38305
Office: 731.984.8400 • Fax: 731.984.8305
Milan: 15463 S. First St. 38358 • 731.686.8688



Office Hours: 9 a.m. - 5 p.m. Monday to Friday
Clinic Hours: 7 a.m. - 7 p.m. weekdays
On-site Services: Available 24/7 by arrangement
jennifer@occmedjackson.com | occmedjackson.com

'Twas nearly Christmas,

... and all through the place
Employees were working at such a fast pace.

Holiday goods were piled with care
In hopes all would be finished — no time to spare.

Office folks were working, all snug at their desks,
While numbers and profits danced like big checks.

The boss in her 'kerchief, and I in my cap
Had just settled our focus to avoid any gaps

When out in the plant, there arose such a clatter;
I sprang from my desk to look into the matter.

Away to the plant floor, I flew like a flash,
Tore open the door and made a big dash.

Employees were coughing, looking quite sick
When I knew what I needed was more than
St. Nick.

I flew to my phone, called Physicians Quality
Care
And knew OCCMed Jackson soon would be
there

More rapid than eagles their mobile clinic
came;
Continued at bottom ...



Physicians Quality Care
P.O. Box 12197
Jackson, TN 38308

Address Service Requested

Physicians Quality Care OCCMed provides occupational medicine services to West Tennessee's industrial base • occmedjackson.com

'Twas nearly Christmas,

Continued from top of page ...

Director Jennifer called them by name.

Now, Nathan! now, Angel! Aundreia,
Rhonda and Kelly!

On Whitney! On, Janina! On Kim, Ron and
Bailey!

With a wink of their eyes and a nod of their
heads
Soon gave me to know I had nothing to
dread;

They spoke not a word,
went straight to patient
care,
Checked temps, gave

shots, medicine — left nothing to spare.

When finished with all, they turned with a
jerk,
I knew my employees could finish their work.

OCCMed folks sprang to their truck, gave
out a whistle.

The clinic vanished like the down of a thistle.

But I heard them exclaim, 'ere they drove out
of sight —



***"Happy Christmas to all,
and to all a good night!"***

We speak OSHA!

To help you comply with OSHA,
we offer ...

- ▶ On-site CAOHC-certified audiometry in our mobile unit
- ▶ DOT, non-DOT & hair follicle drug screening
- ▶ Breath- & blood-alcohol testing
- ▶ Health fairs
- ▶ Strength & agility testing
- ▶ NIOSH-approved pulmonary function testing
- ▶ DOT, wellness & pre-employment physicals
- ▶ Respirator-fit testing & respirator medical evaluations
- ▶ Heavy-metal testing
- ▶ Industrial hygiene: noise sampling, air sampling, dust sampling, etc.
- ▶ Nerve conduction studies
- ▶ X-rays and EKGs