

Your Healthy Workplace

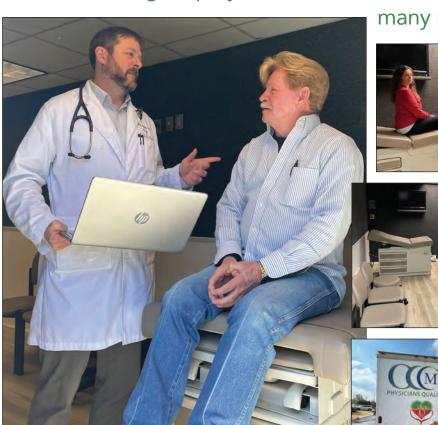
April - May 2022



Medical care at your worksite ... reimagined

Our self-contained Mobile Clinic arrives at your doorstep equipped and staffed, offering employers a convenient and cost-effective way to provide

many medical services at your worksite.



hysicians Quality Care OCCMed Mobile Clinic has a private exam room and waiting area. A nurse practitioner and a nurse/medical assistant staff the clinic and can provide your employees DOT and pre-employment physicals, fit-for-duty testing, sick visits and more.

Lab work that cannot be performed on-site will be sent to our reference lab. Charges are the same as those performed in-clinic; there is no additional charge for transport and reporting, and no collection fee.

Durable medical equipment is also offered at the same cost as in-clinic.

(See back of newsletter for pricing and a list of services provided in the mobile clinic.)

Reserve your time for Mobile Clinic
Contact Jennifer Carmack, Director
Physicians Quality Care OCCMed
jennifer@physiciansqualitycare.com
731-217-7711 • 731-984-8400

Physicians Quality Care OCCMed

2075 Pleasant Plains Ext. ● Jackson, TN 38305 Office: 731.984.8400 ● Fax: 731.984.8305 Milan: 15463 S. First St. 38358 ● 731.686.8688

Office Hours: 9 a.m. – 5 p.m. Monday to Friday
Clinic Hours: 7 a.m. – 7 p.m. weekdays
On-site Services: Available 24/7 by arrangement
jennifer@physiciansqualitycare.com | occmedjackson.com



Physicians Quality Care OCCMed mobile clinic offers:

- DOT physicals
- Pre-employment physicals
- Fit-for-duty testing
- Sick visits
- Drug screening
- Hair testing
- Breath alcohol testing

- Pulmonary function tests
- Respiratory fit tests
- Respiratory questionnaires
- Hepatitis B titers
- Vaccinations
- Blood lead levels
- COVID testing

■ Wellness blood work
We also can do urinalyses,
DOT urine screens and drug
screens, but because of
regulatory limitations, these
must be collected in a permanent
restroom at your facility.

Pricing

- \$385/hour
- \$150 setup fee
- Minimum 4 hours
- Maximum 10 hours
- \$435/hour for overtime, up to 1 hour billed in 15-minute increments
- Travel time is not billed within a 30-mile radius of Jackson
- Outside of 30 miles, \$125/hour travel and personnel charge billed in 15-minute increments. Set-up fee is waived.
- 30 minutes non-billable time for lunch



Physicians Quality Care P.O. Box 12197 Jackson, TN 38308

Address Service Requested

Physicians Quality Care OCCMed provides occupational medicine services to West Tennessee's industrial base ● occmedjackson.com

A PAWS-itive reason to bring your dog to work

tudies have shown that engaging with dogs and other pets can boost the body's production of "happy hormones" such as oxytocin, serotonin and dopamine.

This increase contributes to a sense of wellness and serenity, while tamp-

ing down levels of the stress hormone cortisol.

So, it's easy to see the benefit of having pets at work. For example, employers who have pet-friendly policies point to lower absentee rates and higher morale among their workers.

That's because people who are allowed to bring their dogs to work

generally tend to feel less stress, both from their job or over what their pets might be doing at home while they're at work.

Not everyone is a pet lover, of course, but eventually that dog at a co-worker's desk will

do something that will
make people laugh.
If you're hesitant
to have pets at your
worksite, consider doing it
on National Take Your Dog to
Work Day, which

is celebrated annually on the Friday after Father's Day. This year it is June 24.

> — HealthDay News, American Heart Assoc.

We speak OSHA!

To help you comply with OSHA, we offer ...

- On-site CAOHCcertified audiometry in our mobile unit
- DOT, non-DOT & hair follicle drug screening
- Breath- & bloodalcohol testing
- ▶ Health fairs
- Strength & agility testing
- NIOSH-approved pulmonary function testing

- DOT, wellness & preemployment physicals
- Respirator-fit testing & respirator medical evaluations
- ▶ Heavy-metal testing
- Industrial hygiene: noise sampling, air sampling, dust sampling, etc.
- Nerve conduction studies
- X-rays and EKGs