



Your Healthy Workplace

Special COVID-19 Edition
April 2020

Protecting your workforce from COVID-19

OCCMed clients have separate clinic, entrance

Physicians Quality Care has established a separate entrance, waiting area and exam rooms to isolate non-infectious Primary Care and Occupational Medicine visits from patients with COVID-19 concerns and from those with other urgent care illnesses and injuries.

Also, urgent care patients who are not presenting coronavirus symptoms and COVID-19 patients each have their own separate clinics, entrances and examination areas.

“We’ve taken these steps to insure the health and safety of your employees,” said OCCMed Director Jennifer Carmack.

We can test workers with coronavirus concerns

Physicians Quality Care can test your employees for the coronavirus if you have an employee at high risk or who is overly concerned about having the virus.

High risk employees, for example, include someone with cardiovascular disease, diabetes, or pulmonary disease including COPD and asthma. We can also test employees who are simply overly concerned – perhaps they have

OCCMed patients coming to our Jackson location for drug testing, DOT physicals, a workers comp injury and other OCCMed services, will enter the OCCMed and Primary Care clinic through our new addition on the north side of our Jackson location.

“They will be completely separated from patients with COVID-19 concerns and other infections,” Carmack said.

Meanwhile, Physicians Quality Care OCCMed continues to offer services at your location.

For our complete list of onsite services, visit occmmedjackson.com.

Questions?
Contact OCCMed Director Jennifer Carmack at 731-984-8400 or jennifer@physiciansqualitycare.com.

an elderly family member at home or are just unable to function because of anxiety about the pandemic.

Call us at 731-984-8400, either in advance or when your employee pulls into our parking lot. We will need to know before we admit the employee whether this is a “personal visit” (patient responsibility) or is billed to the company.



A patient enters through the new, separate entrance for OCCMed and Primary Care services.

They will be given a mask and specific instructions, brought through the COVID-19 clinic entrance and taken directly to an exam room without waiting. Along with the test for COVID-19, the exam includes a medical
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Office Hours: 9 a.m. – 5 p.m. Monday to Friday
Clinic Hours: 7 a.m. – 9 p.m. Monday to Friday
On-site Services: Available 24/7 by arrangement
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We can test workers

history, physical exam and screening for other common illnesses that are treatable yet may mimic COVID-19 symptoms.

The FDA-approved coronavirus test is sent to a CDC-approved national reference lab. The results are likely to come in within 24 hours if the tests are Monday through Friday. Tests taken on Friday and over the weekend are usually back by Tuesday. The return time can change in the future if the lab changes its policy or is unable to keep up with tests coming to its facility.

While awaiting results, the patient is

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told to go home and self-quarantine. We hope this helps to prevent this potentially serious illness from crippling your workforce.

Unfortunately, we cannot do drive-through screenings or test entire populations (such as all of your employees) because it would unnecessarily strain a health care system that is already operating at near 100 percent capacity.

Questions? Contact Jennifer Carmack at 731-984-8400 or jennifer@physiciansqualitycare.com.

We speak OSHA!

To help you comply with OSHA, we offer ...

- ▶ On-site CAOHC-certified audiometry in our mobile unit
- ▶ DOT, non-DOT & hair follicle drug screening
- ▶ Breath- & blood-alcohol testing
- ▶ Health fairs
- ▶ Strength & agility testing
- ▶ NIOSH-approved pulmonary function testing
- ▶ DOT, wellness & pre-employment physicals
- ▶ Respirator-fit testing & respirator medical evaluations
- ▶ Heavy-metal testing
- ▶ Industrial hygiene: noise sampling, air sampling, dust sampling, etc.
- ▶ Nerve conduction studies
- ▶ X-rays
- ▶ EKGs



Physicians Quality Care
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Address Service Requested

Physicians Quality Care OCCMed provides occupational medicine services to West Tennessee's industrial base • occmcdjackson.com

Prevent the spread of coronavirus in your workplace

Here are some reminders to help prevent COVID-19 from entering your environment ...

- ▶ Sanitize frequently touched places in your workplace. Wear disposable gloves and gowns.
- ▶ Afterwards, remove the gloves and gowns carefully to avoid contaminating the person doing the cleaning and the surrounding area.
- ▶ All employees should wash hands frequently with soap and water for 20 seconds.
- ▶ If soap and water are not available and hands are not visibly dirty, an alcohol-based hand sanitizer that contains at least 60 percent alcohol may be used.

- ▶ Other key times to wash hands include after blowing one's nose, coughing, or sneezing; after using the restroom; before eating or preparing food; after contact with animals or pets; and before and after providing routine care for another person, such as a child.

- ▶ Be aware that some employees may be at higher risk for serious illness, such as older adults and those with chronic medical conditions. Try to minimize face-to-face contact between these employees or assign work tasks that allow them to maintain a distance of six feet from others or to telework if possible.

- ▶ Actively encourage sick employees to stay home and follow CDC recommendations on when to return.
- ▶ Employees who are well but who have a sick family member at home with COVID-19 should notify their supervisor and follow CDC recommended precautions.

Source: CDC

